

Health and Wellbeing projects and activities FUNDING APPLICATION

1. Applicant:

Name	Sarah Nichols
Organisation	Marlborough Tennis
Address	Port Hill, Marlborough, Wilts
Phone number	07785 273066
Email address	sarahnichols@hotmail.co.uk

2. Amount of funding required from the Area Board:

£0 - £1000	
£1001 - £5000	2915
Over £5000 (please note – our grants will not normally exceed £5000)	

3. Are you applying on behalf of a Parish Council?

Yes	
No	Х

4. If yes, please state why this project cannot be funded from the Parish Precept?

5. Project title?

Social Tennis for the over sixties

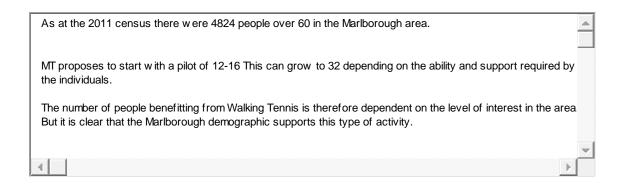
6. Project summary: (100 words maximum)

Marlborough Tennis's project offers a healthy and social environment for the over 60s to stay fit and active longer. It aims to provide the tennis equivalent of walking football, using the new courts set in our Outstanding Area of Natural Beauty with its fantastic views. A social element will be included at the Marlborough Golf Club where people can relax and chat about their tennis session with one of our coaches, all within a comfortable and safe setting. It will provide a positive activity for older people encouraging physical fitness, a healthy lifestyle and mental well-being. If successful we would hope to extend this to other groups such as mental health sufferers and disabled adults.

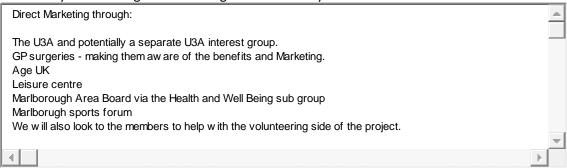
 ✓ Carers Support/Activities ✓ Promoting physical and mental wellbeing ✓ Compating social isolation ✓ Sport, play and recreation 	What is the Post Code of the place where your pro	
Promoting cohesive/resilient communities Arts, crafts and culture Safer communities Transport Technology & Digital literacy Other	Intergenerational projects ✓ Older People Support/Activities ✓ Carers Support/Activities ✓ Promoting physical and mental wellbeing ✓ Combating social isolation ✓ Promoting cohesive/resilient communities ✓ Arts, crafts and culture	Inclusion, diversity and community spir Environment, recycling and green initiatives Sport, play and recreation Transport Technology & Digital literacy

It is well known that the UK is facing a huge challenge supporting an aging population and the resultant impact	i.
on already stretched health services, social care and local governemnt and community resources.	
One in five of us are already over 60 and numbers are set to increase. 75% of 75 years olds have more than o	
long term condition.	
The Health minister recently launched their latest long term strategy which encourages people to take more responsibilityt for their own health.	
Its objective, "Prevention is better than cure" argues for a shift tow ards primary and community care services, which help people stay well for longer.	
The aim is to live independently for for an extra 5 years easing the strain on health, social and local community	
resources.	r
▼	

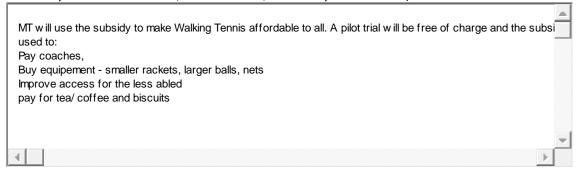
How many people do you expect to benefit from your project?



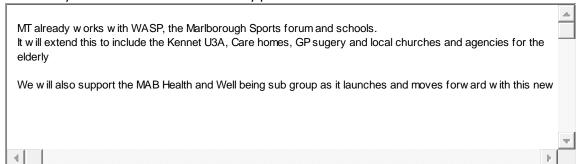
How will you encourage volunteering and community involvement?



How will you ensure your project is accessible to everyone (for example: people living with a disability or on low incomes, or vulnerable, or socially isolated etc.)?



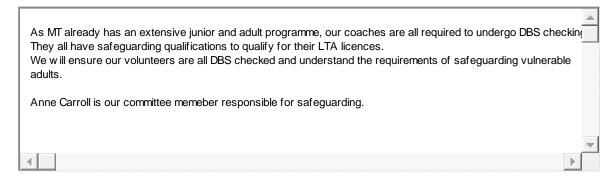
How will you work with other community partners?



11. Safeguarding

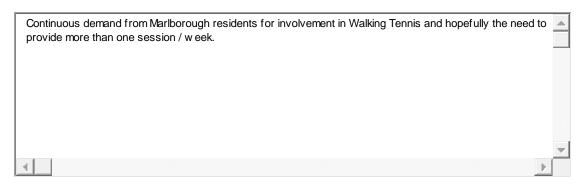
Please tell us about how you will protect and safeguard vulnerable people in your project (You must address all of the following):

- Please provide evidence of your commitment to safeguarding and promoting the welfare of older/vulnerable people and their carers.
- How do you make sure staff and volunteers understand their safeguarding responsibilities?
- Who in your organisation is ultimately responsible for safeguarding?



12. Monitoring your project.

How will you know if your project has been successful? *required field



13. If your project will continue after the Wiltshire Council funding runs out, how will you continue to fund it?



14. If this application forms part of a larger project (eg a community navigation project), please state what this project is and approximately how much the overall project will cost

MT aims to expand their facility to all groups of the community - ABLED AND DISABLED.	
The latter requires improvement to the path accessing the courts and pavilion along with lighting.	
We are currently developing our landscaping plan to include developments for this.	
We continually upgrade our equipment and facilities to provide an open access. The current costings for landscaping	g .
is in the region of £7K	$\overline{\mathbf{v}}$
1	

15a. Your Organisation's Finance:

Your latest accounts Month December	: ▼ Year	v				
Total Income: £ 37,475 Total Expenditure: £ 43,092 Surplus/Deficit for the (5,617) Free reserves current (money not committed 48 Why can't you fund the MT has recently undertused up our resources	he year: tly held: ted to other this project aken a massive to open the fac	from your resonant to create investment to create cility.	erves: eate the tennis en	vironment of 6 courts. We have completely		
Any additional program In time we hope to crea used to repay the loans	ite a successfu	ul, thriving facility v	where more even	ts can be facilitated. Any current surpluses anal capital project.		
				Þ		
We are a small con	nmunity gro	oup and do no	ot have annu	al accounts or it is our first year:		
15b. Project Finance	:					
Total Project cost		£ 2915				
Total required from	Area Board	£ 2915				
•	£	Income	£	Tick if income confirmed		
NB. If your organisation reclaims VAT you should exclude VAT from the (Planned Income help) expenditure						
(Planned project cos	ts <u>help</u>)			_		
rackets x 20	250					
mini red balls	95					
mini orange	60					
4 mini nets	150					
professional hours	560					
pathw ay developmer	1200					
assistants	400					
Refreshments	200					

T	otal	£2,915	Total		
	ave you or do you nancial year? *req		apply for a gra	nt for this projec	ct from another area board within this
C	Yes				
Œ	No				
		-			luding this one (You can apply to a I year) *required field, if Yes to Q11.
18. D	ECLARATION				
	pporting information request (You I				ocuments will be available to inspect ous):
V	i will make avai		•	•	oject costs over £500 & 2 quotes for the expenditure section above)
Pr	oject/Business Pla	an:			
		cts where th	ne total projec	t cost (as declare	st a project or business plan (including ed in the financial section above) 0,000).
Ac	counts:				
V	I will make avai	lable on red	quest the orga	nisation's latest	accounts
Co	onstitution:				
V	I will make avai	lable on red	quest the orga	nisation's Consti	tution/Terms of Reference etc.
Po	olicies and procedu	ıres:			
	i wili make avai	ding Adults	-	-	nt policies and procedures such as Child ess audit, Health & Safety and
	ther supporting in policable):	formation (Tick where ap	propriate, for so	ome project these will not be
	i wili make avai	lable on red	quest evidence	of ownership of	f buildings/land
	I will make avai	lable on red	quest the relev	ant planning per	rmission for the project.

And finally	
received prior to submission of this grant application.	
I will make available on request any other form of licence or approval for this project has bee	n

I confirm that the information on this form is correct, any award received will be spent on the activities specified.